

## FOR IMMEDIATE RELEASE

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## Liliane goes live on Vibe365

Toronto, ON: Yesterday afternoon Liliane made her first appearance on the Vibe365 Radio Talk Show Program with Priya Ali to talk about living the extraordinary life.

Both women covered all areas of self-improvement & self-help focusing on Lilianes' Alive To Be YOU Program and how it really helps those who take part, and how it all started.

Liliane mentioned that she created this extraordinary program from the development and progress from her own personal journey through her relationships and self-discovery. It all started with a bit of communication with herself as she further explains in the interview.

"It's an actual program people it's not just a catch phrase she's come up with. She's designed a whole program here, a really amazing program that she's able to offer where she's done all the hard work, she's dug through the trenches for you, all you have to do is make the commitment," said Vibe365 host Priya Ali.

The entire interview was a great success giving a great understanding of limiting beliefs; excuses; and how to get yourself where you want to be. To listen to the full interview called 'Alive To Be You' visit <a href="https://www.alivetobeyou.com/media">www.alivetobeyou.com/media</a> or <a href="https://www.alivetobeyou.com/media">www.blogtalkradio.com/priyaali</a>.

For more information on Liliane de Vries and her keynote speaking in healthcare please visit www.alivetobeyou.com or call 416-222-7477.

ALIVE: ALIVE is a consulting and speaking company founded by Liliane de Vries that offers many programs and services catered towards life coaching and keynote speaking to people of all ages and walks of life. Liliane de Vries and her company ALIVE is all about creating an extraordinary life.